

The Dominion Traveler is published Quarterly by District 66 Toastmasters and is circulated to all our members. We attempt to eliminate duplicate copies in efforts to be cost effective, but if you get more than one copy, share it with a friend. If you do not receive a copy from District 66, contact the Editor at the address below.

Your 300 – 500 word original contributions are welcome, as well as quotable quotes, poems, photographs and motivational cartoons, and will be printed as pertinence to District affairs and space permit.

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The Dominion Traveler

D66

The Courage to Succeed

Toastmasters International * District 66 * Distinguished District

Tips on Reaching your Goals

The key factors in reaching goals....

First, there is the way you choose your goals, the greater your desire to achieve a particular goal, the greater your chance of achieving it. So make sure to choose goals to which you are **committed**. Choosing goals in a half-hearted way sets you up in patterns of long-term failure.

Second, there is the way you go about setting your goals to give yourself the best chance of success; you need to break down your overall goal into mini-goals and tasks. Then you need to weave the tasks into your daily schedule. Your goal needs to be **very specific**, both in terms of words on paper and also the image you see in your mind - your 'mental rehearsal'.

Third, there is the question of what is termed '**goal congruency**'. You will be facing an uphill battle unless you see yourself as the type of person who is capable of reaching goals you've set..

That's why it's important to **set TO BE goals, as well as TO DO goals**. You may have to change your self-image - that is the way you see yourself **keeping focused** on reaching goals you've set is vital. That is one reason for the use of affirmations. You will also need to keep yourself **motivated**. Clearly, part of

this is to choose goals which you have a burning desire to reach. A second point is that it's very useful to talk to other people, who will support you in your aims, or to read relevant books or listen to audio programs.

Finally, it's not enough to be motivated or even to be totally committed to reaching your goals. You also need to learn, in day to day practical terms, **exactly what to do** to succeed. You need a road map. The best place to get this advice is from people who have already achieved the very goal you've set for yourself.

We in our district have tried to follow these tips and others and we are **paced to be distinguished** with your help in sub-

mitting those CC's that you have earned! Our marketing team is working on membership and clubs. When all of this comes together, **our goal will be reached and D66 will be distinguished!**

Chris AL-Amin, DTM
District Governor 2008-09



We are on the web!
www.district66.org

District Council Business Meeting Notice

May 23, 2009, at 3:00pm

Agenda includes:

**Election of Officers
Realignment
Policy Changes**

President and VPE of clubs are voting members of the council.
Club President or VPE should send District Proxy with member if not attending the business meeting.

Proxy is on the district web and attached.
DO NOT confuse with the TI proxy that should be sent to the current District Governor if not attending the Regional or TI conference.

It's "Twelve O'clock High" in District 66 By John Harman, DTM, LGET 2008-2009

"Twelve O'clock High" came out at the movies in 1949 about the Army Air Corps during World War II, starring Gregory Peck and Hugh Marlowe. In the opening, the 918 Group has missed its' goals of bombing the target with the maximum effort of planes and the Group Commander is responsible. Gregory Peck is the hard nose replacement commander who sets about changing the Pilots' attitudes, restoring teamwork and a sense of pride in their work. Hugh Marlowe and his crew were made the squadron scapegoats. Okay, District Toastmasters are not the Army Air Corps, so how does this apply?

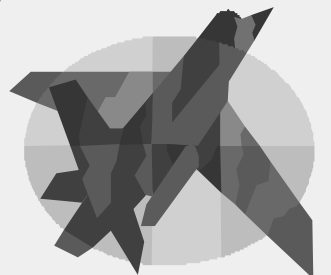
Let's equate each Club President and Officers to the Plane Commander and crew. The Club (Plane) is sent off on their Mission last July of reaching Distinguished this year. As of the end of March, the District 66 (Group) year has just begun the last three months. So each Club (Plane) has been sent off on its Mission goal and is three quarters there! Will they complete their mission and bomb the target? Many District Clubs have already reached

their mission already. None of us wishes our clubs to be considered the scapegoats of the District!

On the Club (Plane), there is the Vice President of Education (co-pilot) who's checking that the club (Plane) remains on course. In the movie, they used maps. The VPE's maps are the Distinguished club report and list of Educational Achievements from WHQ, which are updated regularly.

Let's obtain those reports, correct your course to complete your Mission of reaching Distinguished by May 31, 2009. For those clubs, who have already reached their Mission of

Distinguished. Congratulations! Encourage the rest of the Clubs to complete their Missions and make District 66 Distinguished for this year.



Staying the Course And Giving Back by Jerry L. Keast, ACS/CL Lt. Governor Marketing

As we feel the effects of job losses, company closings and downsizing, we witness how our priorities are easily shifted. However, during these crucial times, I challenge you to recognize that as Toastmasters we are in an excellent position to leverage the power and network of our organization to help each other through the challenges.

If you find yourself impacted by our nation's economic crunch, you are NOT alone and I encourage you to draw on your Toastmasters communication and leadership experience, and the networking opportunities it offers by "Staying the Course and Giving Back"

Each of us joined Toastmasters for reasons, but often the road to self-development changes from a single lane street into a multi-level highway. One level represents you and the help you receive while the other levels represents members' "Living their Toastmasters Promise" by giving back.

There will be days when you are not motivated to go to a meeting as you may be overwhelmed with your job, especially if the company is laying off. I encourage you to find the strength and go as being around friends will encourage and motivate you.

Give speeches and progressively fill roles at the meetings. The audience learns by listening and watching the different styles of speaking and leadership skills and each of us has much to offer that others get excited about.

Be a mentor to a club member (seasoned or new members) as we all need guidance and assistance along life's journey and Toastmasters gives us an excuse to help.

Be a club coach as often low members clubs and those challenged often need only a "Spark Plug" that brings back the enthusiasm that generally existed when it chartered and YOU could be the reason the club and its members excel.

Don't lose sight of your personal goals and vision and if you have not accomplished them, I encourage you to revisit them responding to where you now want to go.

Toastmasters is a place to learn, to network, and develop new friendships. I encourage you to step out of your comfort zone and visit outside your club and participate in Toastmaster events and the opportunities to network and grow that it offers.

If you find yourself being relocated remember that Toastmasters membership is transferable to another Toastmaster club so I encourage you to do so. As we experience this incredible journey together make sure YOU leverage the resources available to support your dreams and successes. The District Leadership Team and our members are available and committed to support your success.

Ask for help and when on that journey there will be opportunities to share the benefits of Toastmaster so when asked "what's in it for me?" be sure to tell them your own special story.

Marketing Extension and Retention Program Update

It is May! Just about one month left in our district year. Our district members are phenomenal and it has been my pleasure to serve as your Marketing extension and retention chair for the 2008-2009 year.

We started this year with the idea to work to help low member clubs and to market our organization to attain new clubs. Many of our members have helped to make that idea a reality. Low member clubs are any clubs with 12 or less members at the beginning of the TM year. We started the year with 30 clubs in that category.

Letters were mailed to each low member club president as well as follow up emails asking the clubs to let us know if they wanted help. We offered to visit and help clubs define what could make their clubs stronger clubs. We offered supplies to help clubs advertise their groups. We asked if clubs wanted a club mentor or club coach. We held demo meetings in areas with low member clubs to help gain new members for those clubs. Your Marketing Extension and Retention team was busy. To two road warriors, who have been there for many of the demos to either charter or retain clubs; Past District Governor, Gale Kidd and District Secretary Jackie Tompkins, we owe you a debt of gratitude! Thank you!

We were able to offer one club the opportunity to change their roaming meeting locations to a set place with the opportunity to gain 10 members for their club. The area was an area that wanted a new club but could never get to the 20 members needed. Your district leaders have tried to assist any clubs that truly wanted assistance this year. We have worked with clubs in each division to help them become stronger clubs. Our efforts were genuine and those clubs who accepted the assistance of the district have grown in a number of ways.

I must highlight one club that was particularly challenged because of the economic downturn. City Talk TM could have easily folded and no one would have blamed them but they chose not to fold. Yes, many of our company clubs loss members because of company lay offs. City Talk's company Circuit City closed the doors. The members refused to give up. Despite being laid off, not having jobs, the club found a new meeting location and the club President, Terry Shelton said, "We need toastmasters more than ever now, as we look for other jobs". That is resilience! They not only paid dues but their dues were paid on time!

Many of our members have assisted as club mentors and sponsors this year. Thank you! As of this writing we have chartered 11 new Toastmaster clubs. We welcome 2 new clubs to the Western division, NS Stars, & Are you Speakers TM. We welcome 5 new clubs to the Eastern Division, Yorktown Educators, Sentara Simply Toasted, Transformational, Ameri-Toasters & Talking Tree Toastmasters. To the Central Division we welcome 4 new clubs, Lovers of Language, Toasted, The Dominators, & Supervalu Toastmasters.

Has our year been successful for retention and extension of our district? It certainly has been. We have helped to reduce the number of clubs with membership below 12 and we have extended the network of clubs by 11. Congratulations District 66. Our members working together make one great team. I thank you for your assistance.

Patricia Hunter-Jordan, DTM
Past International Director
Marketing Extension and Retention Chairman
2008-2009

Friday, May 22, 2009

5:00 pm - 8:00 pm	Registration Desk Open
6:00 pm - 8:00 pm	Book Store Open
6:30 PM	District Reception Welcome by Chris Al-Amin, DTM - District Governor Special Recognition of First Time Attendees and Club Officers "Learn from the Past - Plan for the Future" Awards Ceremony Division Comedy Central Individuals compete in Humorous session! Prizes for the best comics!
9:30 PM	Hospitality Room Open

Saturday, May 23, 2009

7:30am - 11:15am 2:30pm -	Registration Desk Open		
8:00am - 11:15am	Credentials Desk Open		
9:00am - 3pm	Book Store Open		
7:45am	District Officer Procession Line up for club banners		
8:00am - 9:00am	Open Session Recognition Top Three		
9:05am - 10:00am	General Session "Courage to Conquer, Be a Lion Chaser" Lee Holliday, DTM - Regional VIII International Director		
10:05am - 11:00am	Sustaining & Maintaining Clubs through Effective Partnerships Presenter Nancy Johnson	Interview A, B, C's Presenter Pete Moyer	The Competent Leader Manual Presenter Ellen Torrance
11:05am - 12:00pm	Is your club a box of 8? or a Box of 64?: "Tips on How to Make Your Club More Colorful." Edwina Word	Improve Your Talking Life! Melissa Simmons	<i>Authentic Leadership</i> Become the leader you were meant to be. Jo Ann Seymour
12:00pm - 1:55pm	Lunch C&L Award Ceremony Table Topics contest		
2:00pm - 2:30pm	Shaping the Future of Toastmasters - Governance Lee Holliday, DTM - Region VIII International Director		
2:35pm	Candidates Forum		
3:00pm	District Council Meeting		
	Break		
6:15pm	Procession of District Dignitaries		
6:30pm - 10:30pm	Dinner Awards and Recognition DTM Induction into District 66 Hall of Fame Induction of District Officers 2009 - 2010 International Speech Contest **Dinner Ticket or Event Ticket Required**		
	Hospitality Room Open		

Special Notes

10:45am	Table Topics Contestants Briefing
11:00am	Table Topics Judges Briefing
5:45pm	International Speech Judges Briefing
5:45pm	International Speech Contestants Briefing



THE COURAGE TO SUCCEED!!
D66 presents its Spring Conference

“Learn from the Past, Prepare for the Future”

Holiday Inn Select
Lynchburg VA
May 22 - 23, 2009

Important: Please fill out a separate form for EACH person attending.

Name	Toastmaster Member (TM) <input type="checkbox"/> Yes <input type="checkbox"/> No
Street Address	Toastmaster Level _____ TM, CC, AC-B/S/G, CL, AL, DTM
City & State	Check all that apply:
Zip Code	<input type="checkbox"/> Non-Toastmaster Guest
Phone Number	<input type="checkbox"/> First time attendee
E-mail	<input type="checkbox"/> Current District Officer Position _____
Home Club Name	<input type="checkbox"/> Past District Governor
Home Club Number	<input type="checkbox"/> Current International Director
Please indicate if you require any special accommodations or have special needs.	<input type="checkbox"/> Past International Director

CONFERENCE PACKAGES

Toastmasters Member Packages Please check your package and indicate your price.	Early Bird By April 30	Regular May 1	Your Price
<input type="checkbox"/> Basic Package (registration, contests, sessions, NO meals)	\$5.00	\$20.00	
<input type="checkbox"/> Lunch Package (Basic package and Luncheon Only)	\$30.00	\$45.00	
<input type="checkbox"/> Dinner Package (Basic package and Dinner Banquet Only)	\$35.00	\$50.00	
<input type="checkbox"/> Full Package (Basic package, Lunch and Banquet Dinner)	\$60.00	\$75.00	
<input type="checkbox"/> Contest only (No education sessions or meals)	\$5.00	\$10.00	
NON-Toastmasters Guest Packages Please check your package and indicate your price.	Early Bird by April 30	Regular May 1	Your Price
<input type="checkbox"/> Basic Package (registration, contests, sessions, NO meals)	\$2.50	\$10.00	
<input type="checkbox"/> Lunch Package (Basic package and Luncheon Only)	\$27.50	\$42.50	
<input type="checkbox"/> Dinner Package (Basic package and Dinner Banquet Only)	\$32.50	\$47.50	
<input type="checkbox"/> Full Package (Basic package, Lunch and Banquet Dinner)	\$57.50	\$72.50	
<input type="checkbox"/> Contest only (No education sessions or meals)	\$2.50	\$5.00	

MEAL SELECTION

Lunch – Choose one	<input type="checkbox"/> Grilled Chicken	<input type="checkbox"/> Vegetarian
Dinner – Choose one	<input type="checkbox"/> Salmon	<input type="checkbox"/> Pork <input type="checkbox"/> Vegetarian

PAYMENT & REGISTRATION DATES

Mail completed form & check to:	Angela R Thompson PO BOX 3813 Chester VA 23831-8470
Make Checks Payable to:	Toastmasters International District 66
Refund/Cancellation	Request for refund or cancellation <u>must</u> be in writing, e-mailed or mailed with a postmark date no later than May 9, 2009 (12 midnight EST) to the District Treasurer, Angela R Thompson, ARThompson17@comcast.net .

“One Past District Governor’s Story”

What happens to District Governors when they become Past District Governors? That question looms in the minds of many Toastmasters during the months of April, May and most certainly June when they began to contemplate new District Officers. On July 1, they become the Immediate Past District Governor **and life changes forever.**

For me, I asked this question early. I then saw an opportunity within my company to put my Toastmaster skills to use, to use them daily and encourage others to become better individuals through the skills I learned as a Toastmaster.

I became a corporate trainer/mentor for a corporation housed in Atlanta Georgia. Here I am able to utilize my skills as communicator and an evaluator. I am also able to use the knowledge I gained through 25 years experience working with the disabled, unemployed and underemployed.

Since the beginning of this Toastmaster year, I have put into practice many of the skills I gained as a toastmaster; and am daily living the statement - “A Toastmaster Wears Many Hats”. Some hats are:

- Traveler – Since July 1, I have traveled from the East Coast to the West Coast. I had the wonderful opportunity to hear President Obama while he campaigned in Denver, Colorado and Virginia. Election night was spent in New York City and inauguration night was spent in Atlanta Georgia.

- Toastmaster - As a Toastmaster I am embraced; as a member of the “Toastmaster Family” and therefore continue to increase my Toastmaster skills. I am able to serve in various roles: Table Topics Master, Speaker, Evaluator, and Toastmaster of the Day.

- Past District Governor – I had the delightful opportunity to work with the current District Team and provide training to new Area Governors. I attend DEC meetings and other District functions, as time permits.

- Trainer/Mentor – I have the opportunity, on a daily basis to use communication skills, (both oral and written) to communicate to customers and co-workers. Many individuals like the term “an area of improvement” and indicate that it is an excellent way to show errors.

While I have been an Immediate Past District Governor for almost a year, I will be a Past District Governor for life. I have enjoyed my year as Immediate Past, serving as Chair of the Nominating Committee, Chair of the Awards Committee, attending District functions, acting as a sounding board for the District Governor and providing a service to District 66. I am also looking forward to many more years “Wearing Many Hats.”

By Alice Blake, DTM
Immediate Past District Governor

Volunteers Seldom Do By Al Tuten, DTM, 2008-2009 Western Division Governor

In my 8 years or so in Toastmasters, I have attended too many meetings with no speakers because “nobody signed up to give a speech”; I have attended so many under-staffed Area contests because “no one responded to a request for volunteers”. My apologies if these opening comments (and title) sound a bit acerbic, and be assured that I am absolutely not targeting a single person in particular (if the shoe fits, you are not alone – trust me), but I do offer a BETTER WAY that will lighten your load and lead to better events (meetings and contests) whether you’re a VPE, an Area Governor, or any other Club or District Officer. I can still remember my very first DEC meeting, and I hear the words of Alice Blake (2006-2007 LGET) ringing in my ear “...you have not because you ASK not” (which happens to be Biblical by the way). Therein lie the key, and here are four simple pointers for ASKING:

1. ASK early. If you’re a VPE, you should be booking speeches 3 to 5 meetings in advance. When people have lots of notice, they are more inclined to say ‘yes’ than if you ask someone to give a speech at the next meeting (which happens to be 4 days from now). If you’re staffing a contest, your request should be made no less than 3 weeks from the event (you can book your contest dates at the beginning of the TM year, and actually start planning months in advance).
2. ASK in a specific manner. Asking if someone will give a speech 3 meetings from now, is more specific than asking the more open-ended “when can you give your next speech?” Asking someone to be a Contest master or SAA is more specific than asking for help with the contest.
3. ASK in a positive and uplifting way. If your request is specific, you can indicate why you thought of that person or club for that particular service. State the expected benefits of having that person’s (or club’s) help.
4. ASK often. Make it a habit to use these tips regularly until they become second nature.

Examples:

- Gus, the members of our club have been so entertained every time you stand up to give a Table Topics speech. We are really looking forward to hearing your Icebreaker. Can I put you down for the 17th of next month?
- Mary, you have the strongest club in our Area, and since you’re not that far from where the contest will be held on the 22nd, could your recruit a Contest master from your club and get back to me by the end of next week?
- Jake, you always do such a great job of leading our meetings when you are Toastmaster. Our AG has asked for a Contest master from this club, and I thought of you. This will also help you complete that CL award. Can we count on you?

I don’t promise 100% success every time you use the tips above, but I can guarantee that you will have better results and that your workload will be lightened. Whether you’re a club or district officer, or planning to be one in the coming year, remember this. Our job is to LEAD! LEAD! LEAD. To do so, we must ASK! ASK! ASK! When we do, the results can be most delightful.

Toastmasters Once again volunteer to help the Heart Council Boy Scouts

I am extremely introverted. This makes navigation through life difficult and I must constantly challenge myself. It's the reason I joined Toastmasters International, and why I said yes when the call went out for Patrick Henry volunteers for the scouts.

Currently, I mentor a nine-year-old girl in the SOHO (Space Of Her Own) project. It's a yearlong collaboration between the Visual Arts Center and Art 180. Each week we meet to work on life skills and a project to recreate her room. Armed with my newfound TI and SOHO skills, I signed up for Patrick Henry. I knew it would be scary but good for me.

I arrived at the school to find it swarming with Boy Scouts. Suddenly my newfound confidence wobbled a little. Since I would be working with another Toastmaster, I knew I could get through the assignments. I walked into the orientation room to find that we would now be working alone with a classroom of boys. It was classic: the deer in the headlights look. My mantra was... "This will not kill me; I can make it until noon".

Eight boys awaited me. I knew I couldn't show them my terror so I put on my Toastmasters' hat and pretended I knew what I was doing. Suddenly, I had a room full of engaged boys giving speeches, throwing table topics at each other, and shouting out questions when the speaker was at a loss for words. Then, poof! It was noon-time for me to hand out the assignments for next Saturday. Where did the time go? I drove away feeling great, but with some trepidation that I'd not fulfilled their expectations.

The following Saturday was the "Big Speech" day. Would my boys be prepared? Yes! The speeches great! We were also treated to some notable props such as the thermos of ice water into which we stuck our hands so we could understand how cold the water was for the Titanic survivors.

Time flew. When it came time to go to the auditorium we were on pins and needles, hoping the Titanic speech would be picked for the auditorium presentation. Though it wasn't, our group disappointment was short lived as each boy lined up to receive his certificate of completion. I stood tall and spoke clearly, my Toastmasters confidence having returned full force. The pride I felt for "my boys" was echoed in my comments.

I breathed a sigh of relief, thankful that Toastmasters had given me the skills to overcome my fear. I started for the door only to be stopped by a woman who introduced herself as the mother of one of my boys. She thanked me because her son was always laid back, too cool for school, and the previous Saturday he'd surprised her by coming home excited by what we'd done in class and looking forward to our next session. I was floored because he sure didn't show it in class! I thanked her for the feedback and opportunity to work with him. I was so moved I cried all the way home for having had an impact.

Thank You Toastmasters International! You did that for me!

Written by Militza Simic with Lover's of Language Toastmasters

Candidate for Central Division Governor Martha D. Stevens

I am running for the office of Central Division Governor because I want to continue to support the message of the District in the year 2009-2010. I joined Toastmaster's as a chartered club member and I have volunteered and filled several club leadership roles for a little over 4 years. I am a long time advocate for staying active and actively stepping into leadership roles in order to make my club, the District and TI remain workable productive groups.

My current participation as Area Governor has helped me to support the efforts of the District by further explaining the mission and values of the District 66. In Toastmasters, I have been committed to the educational, membership growth of clubs and the leadership within District 66.

In leadership, I am committed to recruiting Toastmasters that are motivated for growth and maintaining the high standards of the District and TI. In communication, we must continue to challenge members to step out and have the courage to succeed by achieving awards and other special recognitions such as obtaining an AC or DTM or winning the District Table Topic contest. The message should be that Toastmasters vigorously pursue learning and growth no matter what their level of achievement.

I volunteered to running for this position this year because I am well able to support the District 66's mission/vision for 2009-2010. After 4 years in various positions, this year I looked and felt my energy and commitment to work will serve District 66 during the 2009-2010 year.

Candidate Western Division Governor Shaun Skow

Should I be elected Western Division Governor for the 2009-10 year my main goal will be to energize new growth in Toastmaster membership. To ensure success in this area will likely require creative thinking, careful planning and deliberate action.

For any product or service to be successful, there are two basic requirements:

1. Having something to offer that people really want and need.
2. A successful means of communicating this product or service so that people can make the decision to say 'yes' to it.

Regarding point # 1, the current lull in our economy has magnified the need for people to develop themselves in becoming bold and effective communicators and leaders which will greatly assist them in claiming the limited number of good jobs currently available.

I addressed point # 2 as Area Governor this year in a variety of ways that included:

1. Instigating a mass-mailing of a Toastmaster flyer to over 2,000 local businesses.
2. Hosting a Toastmaster booth at job fairs held at a local college and university.
3. Organizing speech-athons throughout the year.
4. Involvement in two separate efforts to get new Toastmaster clubs started in our area.

As Division Governor I plan to continue this trend of reaching out in creative and passionate ways to assist in the future growth of Toastmasters. By electing me in this position you will provide me with a sure avenue to continue to implement ideas designed to contribute towards the ongoing success of Toastmasters.

Candidate for Western Division Governor Joyce Wigginton

Energy, Enthusiasm, and Excellence is my approach to Toastmasters and to life. For me, a job worth doing should provide superior results and be completed with energy and enthusiasm. As the Western Division Governor, I will strive to lead by example, provide an atmosphere geared to achievement and successful participation and completion of the Distinguished Club Program goals by all Clubs in the Division.

My previous club and work experience demonstrates my success as a coach, mentor, and trainer. I envision an atmosphere where I am approachable and a valuable resource to the Area Governors and clubs within the Western Division. Teamed with the Area Governors, I see the Division focused on the importance of both education and leadership aspects of being a Toastmaster. To accomplish this I would rely upon my Toastmaster and professional experience to provide the communication channel for our Division to have open two-way communication with the District 66 and Toastmasters International leaders and membership.

I have been a Toastmaster since January 2004. I served my club, GE Salem Toastmasters, two terms as Vice President Membership, two terms as Secretary, and am currently serving as the Vice President Education. In 2007, as Area 2 Governor, along with the help of the Club Presidents, we achieved Distinguished Area.

I am seeking election to this position because I want to utilize my leadership skills, Energy, Enthusiasm and passion for Excellence to serve District 66 and the Western Division.

Candidate for Eastern Division Governor Timothy J. Williams

No Man is an Island

"No man is an Island", is a quote especially applicable in Toastmasters. My "vision" will be synonymous with that of the District. I will strive to understand that guidance to the fullest extent of my ability. My most pervasive "personal" vision is to help members genuinely have fun, as they learn & grow in their Toastmaster journey. I want to foster trust and friendship between the Division and its' AREA Governor's, as we strive to retain every member and ensure all of our clubs are at charter strength, by year's end. I want to help every club realize its mission, & encourage the growth of new clubs every year. My previous Toastmasters experience in starting & founding a club, which achieved Presidents Distinguished in both of its first 2 years, should prove valuable in this effort. Additionally, holding the positions of President & VP Education should assist me in providing essential perspectives.

I want to lead all our Area's to "Distinguished" status. Having supervised a 50 man "Special Ops" team for many years in the Air Force drove home many hard -won lessons about relationships, team building & work ethic. I certainly look forward to the challenge & opportunity, to apply some of that wisdom wisely, while serving the needs of my AREA Governors. And, I especially look forward to our unilaterally effort to administer the vision, mission, and strategy of the District, down through the Division, Area's, Clubs, and last, but certainly not the least, our members.

**Candidate for Lt. Governor Marketing
Jean Hogle**

Share the Experience

Vision/Goals: I "Share the Experience", the Toastmaster Experience, with everyone I meet. I want to encourage everyone in District 66 to do that as well. By doing this, we can grow our clubs and find new clubs to make District 66 a strong District and a Distinguished District. By focusing on the importance of the individual Toastmaster and on our clubs, others will join us in our clubs and in new clubs. Only by working together and spreading the word together will we grow and be successful.

Toastmaster Experience: Club Sponsor for three clubs (one which made the Distinguished for 2007- 2008), Club Mentor for one club, Western Division Governor (President's Distinguished), Area 23 Governor (President's Distinguished), Club President (Select Distinguished), Club President (probably President's Distinguished - at least Select Distinguished), VP-Education, VP-Membership, VP-Publicity. I have earned two (2) DTMs and other awards as well. I am a member of four clubs. I have written an article on the Competent Leader Manual for the Toastmasters magazine that was published in the Dec. 2007 magazine.

Why I am seeking this position: I want to continue to serve District 66. I have sponsored three clubs in the past eight months, all in the Western Division. I want to continue doing this work throughout the District.

**Candidate for Lt. Governor Marketing
Michele Roach**

STILL Standing On A Toastmaster's Promise!

Reflecting on my decision to join Toastmasters in August, 2003, my theme remains the same! "A Toastmaster's Promise" is the standard for becoming a Toastmaster and the enthusiasm and encouragement of club members and district officers should be the catalyst for one to step outside of his or her home club to serve the district!

During the past six years, I have served in the following leadership roles:

- President - Succinctly Said Club # 585659
- Vice President-Membership: Succinctly Said Club# 585659
- Area Governor - C19
- Central Division Governor
- Vice President, Education - Succinctly Said Club # 585659

I get excited at the thought of new members joining Toastmasters and achieving their personal goals which result in a ripple effect through out the District!

My vision, if elected, is to work with the District Leadership Team at all levels of the organization to promote new club development, club rescue, club membership promotion and membership retention. Promote **high standards of service** to the member and to the club - the membership is the **core** of Toastmasters and the **voice** heard by potential Toastmasters!

Together we can make a difference, personally and within the community!

**Candidate for Central Division Governor
R. Eriks Goodwin**

In my past year as an Area Governor, I have learned to appreciate the wisdom of the voting for Central Division Governor last year which went for Ellen McIlhenny and not for me. I did not have the appreciation for the challenges and successes of Area Governors--but now feel well armed with the experience to be the fulfill the role of a Division Governor: support the Area Governors any way I can. I've learned that the most important things the Division Governor can do revolve around open and regular communication with the Area Governors, being a conduit to resources and information, and lots and lots of tracking.

My vision is simple: devote lots of time and energy on supporting the Area Governors by reaching out, being supportive and helping to assure their success during their term. My other goal is to be an effective and reliable conduit for information to flow between our District leadership and the Area Governors-- and to accurately and faithfully carry out the vision of the District leadership.

I have the experience of founding a new Club and serving as its President, the experience as an Area Governor in a challenging Area, and the experiences gained through the formation and growth of multiple businesses. I ask the favor of your vote so I may bring these experiences forth to serve our District as the next Central Division Governor.

**Candidate for Central Division Governor
Connie Lewis**

Toastmaster Experience: Member-Succinctly Said/585659 since 2004. Dual membership since 2008; Charter Member & Mentor of Triumphantneers/1152426. CDA 4 Governor, Club President (President's Distinguished), Past President, VPE, SAA, Home Club - Outstanding Toastmaster of the Year 06-07, Boy Scout Speech Counselor, and I have competed & taken roles in many Contests. Sponsorship - several new members.

Why I seek this position: By increasing each Member's happiness. I believe in recognition starting at the Club levels and moving up. If you encourage personal gain, the club/area/division/district/region has to gain momentum and receive the highest recognition.

Following TI's By-Laws, and the loyalty I feel toward D66, will enable me to motivate and inspire the Area Governors in the same manner as I have been afforded and mentored to become.

I have vividly watched the stats, and encouraged the Executive Teams of each of the six clubs in A4 to work their DCP plans to achieve as high a distinction as possible. I will encourage the 10-CD Area Governors to do the same.

On a personal level, I am organized and keep the communication lines open and going. I will listen to you and suggest whatever help is available.

Norfolk Club Celebrates 20+ Years!

The City of Norfolk Toastmasters, Club 6822, celebrated their 20th Anniversary on Thursday, March 5th at the Norfolk Fitness and Wellness Center. Current club members worked very hard to make this event a huge success, and their efforts were evident from the elegant decorations, door prizes, delicious food, Channel 48 - Norfolk's TV channel - was on hand to film the event for a future broadcast date in April. The club had many distinguished guests from District 66, The District Governor, Lt Governor Marketing, Area 11 Governor, Melissa Simmons as well as attendees from other Area 11 clubs, past, present, and future Toastmasters members.

The club has enjoyed a long, distinguished history and numerous awards. It all began in February 1988 when then Norfolk City Manager Jim Oliver encouraged the creation of the City of Norfolk Toastmasters Club 6822. Under the leadership of Harlan Murray, the club chartered with 48 members. The club quickly distinguished itself by receiving the District Club of the Year award. And other distinguished honors. A number of members have served as Area Governor as well as in a number of other District leadership roles. The first District 66 Leadership Institute (once called Toastmasters University or "TMU") began when Martha Rollins served as District Governor. In service to the City of Norfolk, club members have assisted with public speaking workshops for Libraries, presented public speaking skills to the Future Business Leaders of America, and facilitated citizen focus groups on crime prevention and afterschool programs. Club members have mentored other clubs too, including the Elizabeth River Club and more recently Toasters on Track.

A time of remembrance... The 1991 "Summer Regatta" featured the club's first Tall Tales Contest. As the children built and sailed boats across the pool, adults played hopscotch, Council Chambers was transformed more than once when Ghost Stories were told on Halloween for City employees to enjoy. Who can forget the Club's reenactment of "Twas the Night Before Christmas" at Chrysler Hall?

Many of the Charter members were in attendance to help celebrate the club's long, rich history. We heard testimonials of what Toastmasters has meant in the lives of its members, past and present. We shared some fond memories, ate good food and participated in a Tall Tales Contest, where Charter member Jane Lego was "crowned" as the contest winner. Chris Al-Amin, District Governor presented our President Shirley Tyree with the "Courage to Succeed" award from District 66.

The City of Norfolk Toastmasters 20th Anniversary was a celebration of the City of Norfolk Toastmasters past, present and future success.



Left to Right: Chris Al-Amin, District Governor, Jane Lego, Charter club member and 1st Place winner in the evening's Tall Tales Contest, and Shirley Tyree, President of Club 6822.



John Linka from Channel 48 interviews Joseph Downing, VP Membership, Club 6822.



District Governor Chris Al-Amin presents Club 6822 President, Shirley Tyree a gift for the club, the *Courage to Succeed* award for having 20 years of success.



Mary White, DTM, Club 6822 VP Education presents a special award to Harlan "The Duke" Murray, DTM

DISTRICT THEME: COURAGE TO SUCCEED!!!!

Call to OrderActing, Sgt-At-Arms
Inspirational openingArea Governor
Reading of District MissionArea Governor
Welcome & Introductory Remarks..... Chris Al-Amin, DTM, DG
Credentials Committee Report (certification of Quorum) ... J Andre Brooks, DTM, PDG, PID
Adoption of the Agenda
Secretary's Report (reading of minutes)Jackie Tompkins, DTM, Secretary
Committee Report on Realignment Pat Jordon, DTM, PDG, PID
Nomination Committee Report Alice Blake, DTM, PDG
Nominations from the floor and election of District Officers..... Chris Al-Amin, DTM, DG

IN THE INTEREST OF TIME, THE FOLLOWING ACTIVITIES WILL BE CONDUCTED DURING THE ELECTION PROCESS WHILE WAITING FOR BALLOT COUNTING RESULTS.

Report of Audit Committee Pat Gorski, DTM, District Audit Chair
Treasurer's Report.....Angela Thompson, Treasurer
Public Relations Officer Report Edwina Word, PRO
Top 3 Reports
A. Lt Governor Marketing.....Jerry Keast, ACS, LGM
B. Lt. Governor Education & Training.....John Harmon, DTM, LGET
C. District Governor.....Chris Al-Amin, DTM, DG
Unfinished Business / New Business Chris Al-Amin, DTM, DG
Announcements Chris Al-Amin, DTM, DG
Time and place of next meeting Chris Al-Amin, DTM, DG
Adjournment Chris Al-Amin, DTM, DG

TOASTMASTERS INTERNATIONAL THEME: COURAGE TO CONQUER!

CANDIDATES FOR DISTRICT OFFICE FOR 2009-2010

- District Governor John Harman
Lt. Governor Education & TRAINING Jerry Keast
LT. Governor Marketing Jean Hogle
Central Division Governor Michele Roach
Western Division Governor Eriks Goodwin, Connie Lewis, Martha Denise Stevens
Eastern Division Governor Shaun Skow, Joyce Wiggington
Treasurer Timothy Williams, Angela Thompson

Candidate for District Governor John Harman

A Servant Leader who learned from the Past and is changing for the Future!

I first joined Toastmasters at the Com-Unity Speakers in the Spring of 1993. Seeing my potential, Helen Fooshe PDG enlisted me to become Vice President of Education that summer. In 1996, I was appointed Area 13 Governor and later awarded Area Governor of the Year. I have served as Eastern Division Governor for three terms, earning Division Governor of the Year in 2002. I have served as District Secretary, Lt Governor of Marketing in 2003, awarded Excellence in Marketing from WHQ. Serving as Lt Governor of Education and Training, I earned Excellence in Education and Training from WHQ in 2004 and will earn that again after we reach distinguished.

I have learned valuable lessons during this period of service that I shall apply as your District Governor.

- 1. The Top Three of District Governor, Lt. Governors of Education and Training and Marketing serve District 66 Best when the act in teamwork as a Trio.
2. The District Executive Committee needs a positive, experienced, leader who is willing to face the challenges of reaching Distinguished District, not by micro-managing but by training and encouraging the new team.
3. The District will continue expansion with new clubs in accordance with the Mission of the District and at the same time encourage rebuilding weaker clubs.
4. Past District leaders have valuable roles within the District as mentors within their clubs, building membership and assisting the District on assignments.
5. Toastmasters provides valuable networking opportunities to our members that are not fully utilized. We need to embrace that new technology with improvements to our District Website.

My focus as a Servant Leader is right here to the men and women Toastmasters of District 66. I will resume my TM education again with the Competent Communicator manual this year. I have received guidance from many District Governor within the past sixteen years and will provide the same attribute to the new Executive Committee during the year 2009 to 2010. Under my leadership, we will make this District Distinguished again.

Candidate for Lieutenant Governor Education and Training Jerry Keast

Make it Personal

During the 2008-2009 year, through your dedication we stood together to ensure the Toastmasters International District 66 members were provided information needed to allow them to reach their goals. I am very proud of your achievements. We recognize that together we have and can achieve more than pursuing successes alone.

As your Lieutenant Governor Marketing, it was my privilege to offer assistance to each low member club, to help them to grow in membership and structure. Those efforts were successful. Our outreach to the community to start new clubs has been very successful. Your efforts allowed us to charter 11 new Toastmaster clubs thus far. Making those relationships personal has been a wonderful learning experience and together we have grown. For that I Thank You.

My year as LGM challenged me to grow as I learned to Model the Toastmasters' Program, sharing its proven methods. I encourage each of us in the coming year to do the same by looking to our wonderful program and sharing our experiences with others. We are a unique organization and as a team we can contribute much to our members and together we can achieve our goals.

I challenge each of us to raise the bar today. Become the unique force that challenges each other to reach past our personal best to achieve even greater goals as a team with all of the tools and support our district can provide.

Success together is sweet.

I stand prepared to serve as your Lieutenant Governor Education and Training, never taking for granted the trust that your vote would honor me with.

Make it Personal ... It Is!